BEHAVIORAL PRINCIPLES AND STRATEGIES REFRESHER TRAINING

LOCATION: ______________________________ DATE: ______________________________

BPS INSTRUCTORS/S: ______________________________

Record test score beside each name below.
Circle applicable P = Pass and F = Fail. If there is a “Fail” score, please elaborate on the back.

<table>
<thead>
<tr>
<th></th>
<th>P</th>
<th>F</th>
<th></th>
<th>P</th>
<th>F</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td></td>
<td></td>
<td>6.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td></td>
<td></td>
<td>7.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td></td>
<td></td>
<td>8.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4.</td>
<td></td>
<td></td>
<td>9.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5.</td>
<td></td>
<td></td>
<td>10.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please check beside each outline section if completed during this refresher trainer.

*Principles of Behavior Change ______ Crisis Prevention ______ Crisis Intervention ______*

Please check beside each technique if demonstrated during this refresher training.

**READY STANCE:**
**BITE RELEASE:**
**BLOCK:**
- Distancing
- Block from Thrown Object
- Forearm Block
- V Block
- Blocking a Kick

**THIRD PERSON RELEASES:**
- Tickle
- Clothing Cover

**WRIST RELEASES:**
- One Hand Mirror Image
- One Hand Cross Body
- Two Hand, both wrists
- Two Hand, one wrist-opposite
- Two Hand, one wrist-same
- Release, Fingernail dig

**CLOTHING GRAB RELEASES:**
- High Clothing Grab-Front
- High Clothing Grab-Back
- Low Pivot
- Walk Down

**HAIR PULL RELEASES:**
- Front/Top Hair Pull
- Side Hair Pull
- Rear Hair Pull
- Long Hair/Ponytail Pull

**STRANGULATION RELEASES:**
- Front
- Rear
- While Seated
- Weave Release-Wall
- Weave Release-Floor
- Rear Forearm
- Forearm Alternative
- Bear Hug

**ESCORTS:**
- Basic
- Secure
- Turn & Go
- Turn & Go-Front
- Turn & Go-Rear

**PHYSICAL RESTRAINTS:**
- 1 Person-Tech. 1
- 1 Person-Tech. 2
- 1 Person-Swing
- Take Down-1 Person
- 2 Person-from 1 Person
- 2 Person Wrap Around
- Take Down-2 Person
- 2 Person Floor

**LIFTS & CARRY:**
- 1 Person Lift
- 1 Person Lift
- 2 Person Lift