



BEHAVIORAL PRINCIPLES AND STRATEGIES REFRESHER TRAINING

LOCATION: _____ **DATE:** _____

BPS INSTRUCTORS/S: _____

**Record test score beside each name below.
Circle applicable P = Pass and F = Fail. If there is a "Fail" score, please elaborate on the back.**

1.	P F	6.	P F
2.	P F	7.	P F
3.	P F	8.	P F
4.	P F	9.	P F
5.	P F	10.	P F

Please check beside each outline section if completed during this refresher trainer.

Principles of Behavior Change ____ *Crisis Prevention* ____ *Crisis Intervention* ____

Please check beside each technique if demonstrated during this refresher training.

<p>READY STANCE: _____</p> <p>BITE RELEASE: _____</p> <p>BLOCK: _____</p> <ul style="list-style-type: none"> • Distancing _____ • Block from Thrown Object _____ • Forearm Block _____ • V Block _____ • Blocking a Kick _____ <p>THIRD PERSON RELEASES: _____</p> <ul style="list-style-type: none"> • Tickle _____ • Clothing Cover _____ <p>WRIST RELEASES: _____</p> <ul style="list-style-type: none"> • One Hand Mirror Image _____ • One Hand Cross Body _____ • Two Hand, both wrists _____ • Two Hand, one wrist-opposite _____ • Two Hand, one wrist-same _____ • Release, Fingernail dig _____ <p>CLOTHING GRAB RELEASES: _____</p> <ul style="list-style-type: none"> • High Clothing Grab-Front _____ • High Clothing Grab-Back _____ • Low Pivot _____ • Walk Down _____ <p>HAIR PULL RELEASES: _____</p> <ul style="list-style-type: none"> • Front/Top Hair Pull _____ • Side Hair Pull _____ • Rear Hair Pull _____ • Long Hair/Ponytail Pull _____ 	<p>STRANGULATION RELEASES: _____</p> <ul style="list-style-type: none"> • Front _____ • Rear _____ • While Seated _____ • Weave Release-Wall _____ • Weave Release-Floor _____ • Rear Forearm _____ • Forearm Alternative _____ • Bear Hug _____ <p>ESCORTS: _____</p> <ul style="list-style-type: none"> • Basic _____ • Secure _____ • Turn & Go _____ • Turn & Go-Front _____ • Turn & Go-Rear _____ <p>PHYSICAL RESTRAINTS: _____</p> <ul style="list-style-type: none"> • 1 Person-Tech. 1 _____ • 1 Person-Tech. 2 _____ • 1 Person-Swing _____ • Take Down-1 Person _____ • 2 Person-from 1 Person _____ • 2 Person Wrap Around _____ • Take Down-2 Person _____ • 2 Person Floor _____ <p>LIFTS & CARRY: _____</p> <ul style="list-style-type: none"> • 1 Person Lift _____ • 1 Person Lift _____ • 2 Person Lift _____
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